

## Programme Specification

**Programme title: MSc Rehabilitation Studies\*:** (endorsement depending on pathway)

**Contenance for Physiotherapists**

**Musculoskeletal Physiotherapy Practice**

**Physiotherapy in Women's Health**

Post graduate awards within the Framework for Flexible Learning in Health and Social Care.

\*The award title Rehabilitation Studies (with endorsement depending on pathway) will be awarded for completion of the MSc. If students decide to exit the programme with a PGCert/PGDip the award title will reflect the pathway e.g. PGCert Contenance for Physiotherapists.

Academic Year:	2016-17
Degree Awarding Body:	University of Bradford
Partner(s), delivery organisation or support provider (if appropriate):	NA
Final and interim award(s):	[Framework for Higher Education Qualifications (FHEQ) level 7] MSc Postgraduate Diploma Postgraduate Certificate
Programme accredited by (if appropriate):	Women's Health and Contenance pathways are accredited by Pelvic Obstetric and Gynaecological Physiotherapy (POGP) –a UK based professional network affiliated to the Chartered Society of Physiotherapy (CSP)
Programme duration:	Part Time: over 3 years.
QAA Subject benchmark statement(s):	Physiotherapy (2001)
Date of Senate Approval:	August 14
Date last confirmed and/or minor modification approved by Faculty Board	

## Introduction

The School of Allied Health Professions and Sport and the Faculty of Health Studies offer a number of postgraduate programmes which address the continuing professional development needs of physiotherapists, occupational therapists and other Allied Health Practitioners (AHP). Awards can normally be undertaken on a full or part-time basis. A number of the individual awards at Postgraduate Certificate level have been developed in conjunction with specialist specific interest groups of the Chartered Society of Physiotherapy (CSP). These include the Postgraduate Certificates in Musculoskeletal Physiotherapy Practice, Continence for Physiotherapists and Physiotherapy in Women's Health. Students who successfully complete the awards at Postgraduate Certificate level may then choose to extend their programme of study to Diploma and Master of Science on the completion of further optional modules. All students undertaking the Diploma must complete one of two thirty credit research methods modules. Students undertaking a Masters award must complete a 60-credit Final Stage module which is the equivalent of a Dissertation. Students may choose a pathway with a named endorsement depending on the initial Postgraduate Certificate route, providing that the subject of the Final Stage covers the same clinical speciality. For example, students who have undertaken either the Postgraduate Certificate: Continence for Physiotherapists or Physiotherapy in Women's Health may choose the endorsement of MSc Rehabilitation Studies (Physiotherapy in Women's Health).

This programme does not meet the requirements for Health and Care Professions Council (HCPC) registration but may enable you to develop some of the skills which are required to enable you to apply for registration as a physiotherapist with the Council.

### **Faculty of Health Studies Specialist Skills and Post Registration Development (SSPRD) for Health (formerly CPD) Framework for Flexible Learning**

The MSc Rehabilitation Studies (and endorsed pathways) forms part of the multidisciplinary SSPRD Framework for Flexible Learning within the Faculty of Health Studies. The Framework enables you to create an individualised programme of study that will meet either your needs and/or your employer's needs for a changing diverse workforce within a modern organisation.

The SSPRD framework offers a structure within which the majority of the named awards are provided across the Faculty in conjunction with a large number of modules available to students. The modules are presented in themed areas representing employment practice or work based disciplines. Whilst some students can build their own awards by choosing their own menu of module options the majority follow a named award pathway. This offers students the option of studying at least one module from across the Faculty portfolio with a combination of clearly defined core and optional diversity focused modules.

Your programme of study and the collection of modules you may choose to study will contextualise your learning by addressing the Aims and Learning Outcomes for the programme which are outlined in the next section of this document. This is particularly so if you choose one of the modules from the SSPRD framework. Modules such as the Primary Research, Clinical Dissertation or Management Project modules, for example, enable you to shape your own focus of study within the modules aims and learning outcomes by learning the principles being taught and applying them to your own professional/employment area.

The flexibility offered by the Faculty of Health Studies' SSPRD framework will provide a flexible educational framework that is vocationally relevant, in

collaboration with the University of Bradford. You will be able to obtain credits for short episodes of study, transfer credits from prior certificated or experiential learning, undertake a single module or combine studying a choice of modules over time. An academic advisor will discuss with you and support your choices. This will be recorded in an individual study plan.

## **Programme Aims**

The programme is intended to:

Postgraduate Certificate: Aims 1 – 8 are essential:

- A1 Provide a flexible educational framework that is vocationally relevant, which meets the professional development needs of the student, as well as the organisational needs of employers.
- A2 Stimulate students to become autonomous self-directed learners who are motivated to sustain and advance their own continuous professional learning with a confidence to support the professional development of colleagues and the work of their organisations.
- A3 Develop the skills, knowledge, critical understanding and awareness of the depth and breadth of knowledge applicable to their own fields of practice
- A4 Further develop the student's cognitive and practical skills to undertake data synthesis, complex problem solving, the articulation of competing perspectives and competence in their field of practice.
- A5 Provide opportunities for interprofessional teaching and learning to share the knowledge, skills and experience common to a range of different health and social care disciplines.
- A6 Develop critically reflective, competent practitioners, managers and leaders who will inform and shape or change inclusive, fair and ethically sensitive service provision.
- A7 Provide a framework within which the curriculum, where required, meets the regulatory needs of professional bodies such as the HCPC or is kite marked by the CMI.
- A8 Develop the skills required for life-long learning and professional development.

Postgraduate Diploma: Aims 1 – 9 are essential

- A9 Develop critical perspectives on research and knowledge development in Rehabilitation Studies.

Master's Degree: Aims 1- 10 are essential

- A10 Develop an understanding of the theoretical constructs underpinning research or project management which will inform the undertaking of an ethical piece of research or a work based project and the ability to demonstrate how the findings can influence practice and policy.

## **Programme Learning Outcomes**

To be eligible for the award of Postgraduate Certificate at FHEQ level 7, students will be able to:

- LO1 Develop a detailed knowledge and understanding of the literature that relates to the field of rehabilitation.
- LO2 Critically appraise and synthesise research evidence in order to analyse, evaluate and apply principles to the field of rehabilitation.
- LO3 Evaluate and critically apply theoretical concepts and where appropriate, master practical skills for the management of complex issues associated with rehabilitation.
- LO4 Reflect upon and demonstrate knowledge of values and ethical thinking and demonstrate mastery within the field rehabilitation.
- LO5 Develop and demonstrate the ability to articulate sound arguments using a variety of formats including written and oral communication skills.
- LO6 Demonstrate management and leadership through effective communication, problem solving, and decision making.
- LO7 Demonstrate the ability to become an autonomous learner through independent study and critical reflection on continuing development needs
- LO8 Demonstrate the ability to use IT skills to gather and synthesise information, to access programme materials.
- LO9 Evaluate changes in practice to contribute to the development of quality systems and frameworks, which enhance patient outcomes in rehabilitation.

Additionally, to be eligible for the award of Postgraduate Diploma at FHEQ level 7, students will be able to:

- LO10 Critically evaluate theoretical perspectives, methodologies and methods associated with rehabilitation.

Additionally, to be eligible for the award of Degree of Master at FHEQ level 7, students will be able to:

- LO11 Demonstrate a critical awareness and understanding of different theoretical constructs underpinning research, project management methodologies or management theories.
- LO12 Design, undertake and report on either a systematic review, a piece of empirical research, work based or management project that contributes to or extends the body of knowledge for your field of practice

## **Curriculum**

The curriculum has been designed to meet the needs of students from a range of employment backgrounds. Most students initially choose to study modules that form the defined pathways on the MSc Rehabilitation Studies and endorsed pathways however it must be noted that not all modules which form part of these pathways are offered in every academic year.

The modular format of the programme and its position with the Faculty of Health Studies SSPRD Framework permits you to select and study at least one module, that is out with, but complementary to, your speciality and in so doing broaden your knowledge and understanding of other areas that impact on Rehabilitation Studies. The curriculum provides a range of modules that are combined to provide an individualised award. It is possible in negotiation with your programme leader or personal academic tutor (PAT) to undertake modules from across the Faculty's SSPRD Framework to accrue credits by

applying the coursework from, for example, the research or management work based project module to your field of practice/area of employment which will make the module relevant to Rehabilitation Studies. This would also be the same for the independent study modules or other interprofessional modules offered. Application of specialist knowledge applied to these modules enables your learning needs to be achieved.

Students on the MSc Rehabilitation Studies (and endorsed pathways) undertake one of the Faculty's taught 30 credit research modules at Postgraduate Diploma stage in order to study a final stage 60 credit research module at MSc level. The final stage 60 credit research module for the Master's award will require you to complete either a Dissertation, Systematic review or Work-based project. For example, if you wish to undertake the Systematic review 60 credit module, it is strongly advisable to study the 30 credit module 'Undertaking a systematic review' module beforehand. For students who choose not to study a 30 credit research module at post graduate diploma level, they can take one of the optional 30 credit modules and if progressing to the MSc level, undertake the 60 credit Management Project.

Students choosing to join or move for this award to the generic pathway within the SSPRD Framework can take as many modules as they choose, in the order that they wish. If you choose to move from a named award pathway and study a number of alternative modules, you will be informed about when you have enough credit for a Postgraduate Certificate or Diploma award. The naming of generic award will be undertaken after the collection of modules studied have been analysed. The following diagram highlights how the curriculum maps to the Rehabilitation Studies awards.

#### Postgraduate Certificate

FHEQ Level	Module Title	Type (Core/ Option/ Elective)	Credits	Semester (s)	Module Code
7	Physiotherapy Management of Spinal Dysfunction	C/O*	30	1	PAR700 1-C
7	Physiotherapy Management of Peripheral Joint Dysfunction - upper limb	O	30	2 (alternate years)	PAR700 2-C
7	Physiotherapy Management of Peripheral Joint Dysfunction - lower limb	O	30	2 (alternate years)	PAR700 3-C
7	Continance Theory for Physiotherapists (30 credits)	C**	30	1	PAR700 5-C
7	Continance Practice for Physiotherapists	C**	30	2	PAR700 6-C
7	Theory of Physiotherapy in Women's Health	C***	30	1	PAR700 8-C

7	Practice of Physiotherapy in Women's Health	C***	30	2	PAR700 7-C
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\*This module is core if undertaking Postgraduate Certificate in Musculoskeletal Physiotherapy Practice.

\*\*These modules are core if undertaking Postgraduate Certificate Continence for Physiotherapists.

\*\*\*These modules are core if undertaking Postgraduate Certificate Physiotherapy in Women's Health.

Not all of the modules listed above which form the defined pathways on the MSc Rehabilitation Studies and endorsed pathways are offered in every academic year.

Students will be eligible to exit with the award of Postgraduate Certificate if they have successfully completed 60 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO REGISTER WITH HCPC.

#### Postgraduate Diploma

FHEQ Level	Module Title	Type (Core/option/elective)	Credits	Semester (s)	Module Code
7	Physiotherapy Management of Spinal Dysfunction	O	30	1	PAR700 1-C
7	Physiotherapy Management of Peripheral Joint Dysfunction - upper limb	O	30	2 (alternate years)	PAR700 2-C
7	Physiotherapy Management of Peripheral Joint Dysfunction - lower limb	O	30	2 (alternate years)	PAR700 3-C
7	Continence Theory for Physiotherapists	O	30	1	PAR700 5-C
7	Theory of Physiotherapy in Women's Health	O	30	1	PAR700 8-C
7	Independent Study	O	30	1/2	HES700 4-C
7	Preparing for Primary Research	O/C*	30	1/2	RES700 9-C
7	Preparing for Systematic Review	O/C*	30	1/2	RES700 6-C

\* These modules are core if undertaking primary research or a systematic review at final stage.

Not all of the modules listed above which form the defined pathways on the MSc Rehabilitation Studies and endorsed pathways are offered in every academic year.

Students will be eligible to exit with the award of Postgraduate Diploma if they have successfully completed at least 120 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO REGISTER WITH HCPC.

#### Degree of Master

FHEQ Level	Module Title	Type Core/option/elective	Credits	Semester (s)	Module Code
7	Pursuing Primary Research	O	60	1 & 2	RES700 8-E
7	Pursuing a Systematic Review	O	60	1 & 2	RES700 7-E
7	Pursuing a Clinical Dissertation	O	60	1 & 2	RES701 0-E
7	Management Project	O	60	1 & 2	LEM700 6-E

Not all of the modules listed above which form the defined pathways on the MSc Rehabilitation Studies and endorsed pathways are offered in every academic year.

Students will be eligible for the award of Degree of Master if they have successfully completed at least 180 credits and achieved the award learning outcomes.

THIS AWARD DOES NOT CONFER ELIGIBILITY TO REGISTER WITH HCPC.

The following modules are on offer in the academic year 2016-17:

FHEQ Level	Module Title	Type (Core/option/elective)	Credits	Semester (s)	Module Code
7	Physiotherapy Management of Peripheral Joint Dysfunction - upper limb	O	30	2	PAR700 2-C
7	Independent Study	O	30	1 & 2	HES700 4-C
7	Clinical Competence in Advanced Practice	O	30	2	NUR702 3-C
7	Advanced Communication Skills	O	30	1 & 2	NUR702 0-C
7	Addressing the Mental Health Needs and Well-being of Older People	O	30	1 & 2	NUR700 1-C
7	Applied Pathophysiology & Pharmacology in Acute and Long Term Conditions	O	30	1 & 2	NUR602 2-C

7	Managing Change	O	30	1 & 2	LEM700 4-C
7	Understanding Patient Safety	O	30	1 & 2	LEM700 9-C
7	Preparing for Primary Research	O/C*	30	1 & 2	RES700 9-C
7	Preparing for Systematic Review	O/C*	30	1 & 2	RES700 6-C
7	Pursuing Primary Research	O	60	1 & 2	RES700 8-E
7	Pursuing a Systematic Review	O	60	1 & 2	RES700 7-E
7	Pursuing a Clinical Dissertation	O	60	1 & 2	RES701 0-E
7	Management Project	O	60	1 & 2	LEM700 6-E

\* These modules are core if undertaking primary research or a systematic review at final stage.

## Learning and Teaching Strategy

Whilst following this programme of study you will engage with learning through a range of teaching methods. To a degree these methods will be dependent on modules studied, however student-centred approaches to learning are a feature of the modules and you will be expected to take responsibility for your learning as you develop your academic skills. There are a number of approaches to the manner in which modules are delivered and these include block attendance, study day attendance, distance learning and blended learning. When devising your study plan you will be informed regarding which delivery methods are utilised for which module and in which semester your chosen modules are being delivered. You will also be informed about dates and times of compulsory attendance at the university and (or) practice placement.

The supporting annexes to this document indicate how the modules map to the programme learning outcomes (Annex 1); how the different modes of assessment map to each module (Annex 2); how the teaching methods for each module are mapped (Annex 3); and how the curriculum maps to the Faculty statement on Education for Sustainable Development (Annex 6).

The aims of the teaching and learning strategies have been designed so that you will be given the opportunity to develop theoretical and experiential understanding (Programme LOs 1, 2, 3, 7, 11), advance your knowledge and critical thinking (Programme LOs 2, 8, 4, 10, 11) and to develop a range of skills appropriate to your professional field your, organisation and workplace setting (Programme LOs 5, 6, 9). The modules and programmes nested within the framework offer you the



capacity to acknowledge and build upon the knowledge and skills you may have acquired through previous learning experiences including those in the work place. Your programme of study will expose you to a range of different teaching, learning and assessment strategies required to achieve the learning outcomes (See annex 3). The teaching approaches that are used across the Faculty of Health Studies are informed by the University core values which are for teaching and learning to be: *Reflective, Adaptable, Inclusive, Supportive, Ethical and Sustainable*. You may experience these across your choice of modules in order to meet both the aims of the programme and your learning outcomes which may include any number of the following:

- Lectures: To a group of students where information will be presented and discussed whilst informed by the core values.
- Facilitated seminars and group discussion: Where learning will be through the interpretation and critical application of information and group learning.
- Tutorial: Where small group number of students reflect and discuss issues related to their learning.
- Work-based learning: Where learning is directed within the work environment and is reflected upon and then reported on.
- Work-based learning: Where skills are taught in relation to theory and best practice enabling students to develop advanced competence and clinical practice skills in their field of practice.
- Use of Web based virtual learning environments, such as video analysis, Blackboard: To access information and to interact with other students undertaking group work or developing wikis.
- Directed reading: Where set reading may be recommended.
- Self-Directed learning: Where student are expected to develop their own learning by identifying areas of interest and areas in which knowledge needs to be developed thus encouraging independence and development of critical thought.
- Undertaking a work based project or a research module which is shaped by your own self-directed learning needs and the learning outcomes at MSc level.

You will be expected to develop an autonomous learning style and become self-directed as a learner.

### **Assessment Strategy**

Your learning will be assessed through the use of a range of different assessment techniques which may include one or more of the following approaches:

- Written assignment
- Reflective case study
- Development of a reflective portfolio
- Completion of set competencies
- Completion of a set number of clinical observations
- Video analysis exam
- Practical examination (OSCE/OSPE)
- Computer based Multiple Choice Question examination
- Computer based open book examination
- Seminar presentation
- Written project report
- Completion of a dissertation

- Research paper/executive summary

Some of these teaching and assessment strategies may change over time and through the ongoing development of the programmes.

## Assessment Regulations

This Programme conforms to the standard University Assessment Regulations which are available at the link below

<http://www.bradford.ac.uk/aqpo/ordinances-and-regulations/>

However, there are 2 exceptions to these regulations as listed below:

Students studying under this waiver must achieve a minimum of 40% in each 30 credit module which make up their award, all components and elements of module assessment must also be achieved at 40%.

All post graduate students are entitled to supplementary assessment as a second attempt. Postgraduate students registered on the MSc/PG Dip/PGCert Rehabilitation Studies and nested awards or the MSc Applied Physiotherapy programmes are offered this reassessment as due course without having to process this through Board of Examiners.

We are able to publish a supplementary (second attempt) submission date at the time of publication of the first submission, unratified results. The supplementary date would be agreed at the time of results publication with the post graduate programme leader/s. This would apply to all modules taken within the programme of study.

## Admission Requirements

The University welcomes applications from all potential students regardless of their previous academic experience; offers are made following detailed consideration of each individual application. Most important in the decision to offer a place is our assessment of a candidate's potential to benefit from their studies and of their ability to succeed on this particular programme. Entrance requirements to undertake a programme of study within the framework may vary but consideration of your application will be based on a combination of your formal academic qualifications and other relevant experience.

The entry requirements for this programme are:

- A first degree in a relevant subject area, NVQ level 6 or equivalent or a relevant postgraduate qualification.
- A registered qualification with a UK professional regulatory organisation if a professional practice award is applied for that enables the student to practice in the UK. E.g. Registration with the HCPC.
- Students whose qualifications do not meet the entry requirements above but who have significant experience and other evidence of ability to study at this level.
- Students for whom English is not a first language must have an IELTS score of 6.5 or equivalent overall, with no component less than 6.0.
- Normally have two years relevant clinical experience.
- Have access to a relevant clinical caseload whilst undertaking modules that include a practice element.

You are required to have access to a computer that has a broadband connection and that can browse the internet and has word processing on it\* and have computing skills commensurate with the demands of programme\*.

The University of Bradford has computers with internet and word processing facilities available to students across a number of locations therefore students do not need to own their own computer or have a home internet service. Computer literacy programmes are available for people new to information technology and both the Academic Skills Advice Service and the Disability Office can provide support to students who have a disability. Dyslexia screening is also available. For further information please see [www.bradford.ac.uk/lss](http://www.bradford.ac.uk/lss)

### Recognition of Prior Learning

If applicants have prior certificated learning or professional experience which may be equivalent to parts of this programme, the University has procedures to evaluate and recognise this learning in order to provide applicants with exemptions from specified modules or parts of the programme.

### Minor Modification Schedule

Version Number	Brief description of Modification	Date of Approval (Faculty Board)
1		